



Life School
School Health Advisory Council (SHAC)

A meeting of the Life School School Healthy Advisory Council will be held on April 1, 2026, at 3:00 PM in the Central Office Training Room D, located at 132 East Ovilla Road, Suite A Red Oak, TX 75154.

SHAC Members Present: Joy Shepherd, Charlotte Washington, Kim Rogers, Kay Bateman, Rachael Ren, Meagan Davis, Zana Tuck, Kelli DeNovellis, Tracy Crawford, Dr. Kashaelyn Hollins-Henderson, Juanita Roby, Sherrese Van, Joseph Hoffmaster

I. Welcome/Call to Order- Mrs. Shepherd called the mtg to order @3:06pm

a. Review/Approve Minutes from the February 4 SHAC Meeting- Meeting Minutes

approved

II. SHAC Announcements/Information

a. Upcoming Health-Related Events

I. April is Child Abuse Awareness Month-

II. April 2 is Autism Awareness Day- Wear Blue

III. May is Mental Health Awareness Month- Elem- CCMR week

Feb Screenings are almost all complete- C.Washington

Next Week is AP Appreciation Week

GT Awareness week & BIL Month in April

Teacher Appreciation/Nurse Day in May

b. School Health Survey 25-26–Complete Together–See printed copy-Required TEA

Survey (Annual) Mrs. Shepherd will be filing the survey & the committee went over the survey questions together to complete the survey.

- [Questions](#)

III. Review of Life School Wellness Plan- Mrs. Shepherd went over the changes/additions to the wellness plan.

- a. Plan has been updated including addition of a statement regarding vending machines on campuses
- b. This plan has also been sent to Marketing to upload under our SHAC area of the website. (<https://www.lifeschool.net/compliance/student-health-advisory-council>)
- c. Life School Website- Compliance-Health is where you can find the information

IV. Nurse/Health Updates- Nurse Washington updated the group

- a. Cardiac Emergency Response Plan for 27-28- planning stages ongoing (nurses, admin, others on plan)
- b. EOY Screenings and Health Related Items- EOY Screenings should be completed by all campuses by May 8th, 2026.
- c. Working on district/company partnership (prevent blindness texas) for a non verbal vision screener (photo screener) or joining our district nurses in free vision testing.
- d. Partnering with the children's telehealth possibly next year. Plan to pilot at LSRO & LMSW campuses to try out the system.
- e. TCHAT is currently used by campus counselors and is a free program.
- f. EOY 5th grade puberty discussion - parents have to opt in if they want their students to participate. Videos are also linked on the district website if parents want to view the videos. (under Nurse link)

Rachel Ren community garden update:

- a. Pilot at LSRO - upon approval of church
- b. Shared space (outdoors)- suggesting the dual use of a prayer garden or outdoor classroom with the church.

- c. Aero gardens- non shared space (in portable) TX dept of Agriculture will send 1-5 hydroponic systems to schools. Suggested to place in science or GT rooms.

V. SHAC Subcommittee: Physical Activity and Fitness Planning Subcommittee–Update

- a. Mrs. Shepherd met with the sub committee a few weeks ago.
- b. Suggestions were Jumprope for Heart, Get Fit Life School, fitness gram

VII. Any other concerns or business to discuss?

- a. Ms. DeNovellis shared that the middle school life skills teacher Richter secured a \$5,000 donation for sports learning and a full kitchen/washer/dryer for her Life Skills classroom.

VIII. Upcoming SHAC Meetings–TBD- next year

IX. Close and Adjourn - meeting adjourned at 4pm